

Diabetes Day

Find out about what help is available to support you.

Refreshments are available! come along for free!

What is it?

Have diabetes / Care for someone with diabetes? Come along and speak to providers of services who support people with diabetes, including:

- Podiatrist
- Diabetes UK
- Dieticians
- Thurrock Healthy Lifestyles
- Inclusion Thurrock
- Social Prescribers and much more.



When

Drop in anytime between 10am and 4pm on Wednesday 12 June 2019

Where

Community House,
Seabrooke Rise, Grays,
RM17 6DR